

Wednesday	Friday
--- Entrees ---	--- Entrees ---
Cheese Hoagie ES <i>Carbs: 30</i> * Soybeans, Wheat ---	Cheese Hoagie ES <i>Carbs: 30</i> * Soybeans, Wheat ---
Turkey and Cheese Hoagie ES <i>Carbs: 30</i> * Milk, Soybeans, Wheat ---	Peanut Butter Munchable ES/MS <i>Carbs: 46</i> * Milk, Peanuts, Wheat ---
Peanut Butter Munchable ES/MS <i>Carbs: 46</i> * Milk, Peanuts, Wheat ---	Turkey and Cheese Hoagie ES <i>Carbs: 30</i> * Milk, Soybeans, Wheat ---
Yogurt Munchable <i>Carbs: 57</i> * Milk, Wheat ---	Yogurt Munchable <i>Carbs: 57</i> * Milk, Wheat ---
Chef Salad ES <i>Carbs: 51</i> * Soybeans, Eggs, Wheat ---	Chef Salad ES <i>Carbs: 51</i> * Soybeans, Eggs, Wheat ---
Cheeseburger <i>Carbs: 31</i> * Milk, Soybeans, Wheat ---	Pizza, Domino's Smart Slice ES <i>Carbs: 28</i> * Milk, Soybeans, Wheat ---
--- Sides ---	--- Sides ---
POTATO, MASHED PATTY SMILES FZN TWP <i>Carbs: 25</i> ---	Romaine Boats <i>Carbs: 10</i> * Soybeans, Wheat ---
Candied Carrots <i>Carbs: 18</i> * Soybeans ---	Apple Pie Fruit Salad <i>Carbs: 19</i> ---
Assorted Fresh Fruit ---	Roasted Chickpeas ES/MS <i>Carbs: 24</i> ---
Carrots, Baby, Fresh, Individually Wrapped <i>Carbs: 6</i> ---	Assorted Fresh Fruit ---
Apricots, Canned, Light Syrup Pack TWP <i>Carbs: 21</i> ---	Carrots, Baby, Fresh, Individually Wrapped <i>Carbs: 6</i> ---

Wednesday

--- Sides ---

Cucumbers w/ Dip ES/MS
Carbs: 4
* Milk, Eggs

--- Milk ---

Milk, Chocolate, Non-fat,
With Added Vitamin A and
Vitamin D
Carbs: 34
* Milk

Milk, Strawberry, Fat Free
Carbs: 34

Milk, Lactose and Fat Free
* Milk

Milk, Non-fat, With Added
Vitamin A and Vitamin D
Carbs: 12
* Milk

Milk, Low-fat (1%), With
Added Vitamin A and
Vitamin D
Carbs: 12
* Milk

Friday

--- Milk ---

Milk, Chocolate, Non-fat,
With Added Vitamin A and
Vitamin D
Carbs: 34
* Milk

Milk, Strawberry, Fat Free
Carbs: 34

Milk, Lactose and Fat Free
* Milk

Milk, Non-fat, With Added
Vitamin A and Vitamin D
Carbs: 12
* Milk

Milk, Low-fat (1%), With
Added Vitamin A and
Vitamin D
Carbs: 12
* Milk

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<p>--- Entrees ---</p> <p>Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat ---</p> <p>Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat ---</p> <p>Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat ---</p> <p>Yogurt Munchable Carbs: 57 * Milk, Wheat ---</p> <p>Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat ---</p> <p>RAVIOLI, CHEESE JUMBO SQUARE WHOLE WHEAT PASTA COOKED FROZEN Carbs: 29 * Milk, Eggs, Wheat ---</p> <p>--- Sides ---</p> <p>Celery, Raw, Sticks Carbs: 2 ---</p> <p>Pizza Green Beans Carbs: 7 ---</p> <p>ORANGE, MANDARIN WHOLE IN LIGHT-SYRUP CANNED TWP Carbs: 23 ---</p> <p>Assorted Fresh Fruit ---</p> <p>Tossed Salad Carbs: 6 ---</p>	<p>--- Entrees ---</p> <p>Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat ---</p> <p>Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat ---</p> <p>Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat ---</p> <p>Yogurt Munchable Carbs: 57 * Milk, Wheat ---</p> <p>Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat ---</p> <p>Doritos Taco in a Boat with Turkey Taco Carbs: 23 * Milk, Soybeans ---</p> <p>--- Sides ---</p> <p>RICE, BROWN LONG GRAIN PARBOILED TWP Carbs: 32 ---</p> <p>CORN, KERNEL YELLOW FROZEN Carbs: 32 ---</p> <p>Bell Pepper Strips w/ Dip Carbs: 3 * Milk, Eggs ---</p> <p>Assorted Fresh Fruit ---</p>	<p>--- Entrees ---</p> <p>Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat ---</p> <p>Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat ---</p> <p>Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat ---</p> <p>Yogurt Munchable Carbs: 57 * Milk, Wheat ---</p> <p>Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat ---</p> <p>Meatball Sub ES 2025 Carbs: 35 * Soybeans, Wheat ---</p> <p>--- Sides ---</p> <p>BROCCOLI, FRESH Carbs: 4 ---</p> <p>Peterson Apple Slices ---</p> <p>Chickpea Salad Carbs: 8 ---</p> <p>Assorted Fresh Fruit ---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 ---</p>	<p>--- Entrees ---</p> <p>French Toast Sticks, Whole Grain (approx. 140-150 pieces) Carbs: 42 * Milk, Soybeans, Eggs, Wheat ---</p> <p>Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat ---</p> <p>Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat ---</p> <p>Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat ---</p> <p>Yogurt Munchable Carbs: 57 * Milk, Wheat ---</p> <p>Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat ---</p> <p>Yogurt Munchable Carbs: 57 * Milk, Wheat ---</p> <p>Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat ---</p> <p>--- Sides ---</p> <p>McCain® Chopped Seasoned RedSkin-on Roasted (ES/MS) Carbs: 13 ---</p> <p>Assorted Fresh Fruit ---</p> <p>Baked Apples Carbs: 19 * Soybeans ---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 ---</p>	<p>--- Entrees ---</p> <p>Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat ---</p> <p>TONY'S™ SMARTPIZZA® Pizza Cheese TWP Carbs: 35 * Milk, Soybeans, Wheat ---</p> <p>Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat ---</p> <p>Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat ---</p> <p>Yogurt Munchable Carbs: 57 * Milk, Wheat ---</p> <p>Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat ---</p> <p>--- Sides ---</p> <p>Assorted Fresh Fruit ---</p> <p>Tossed Salad Carbs: 6 ---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 ---</p> <p>APPLESAUCE, STRAWBERRY BANANA UNSWEETENED SS PLASTIC CUP Carbs: 14 ---</p>

Monday	Tuesday	Wednesday	Thursday	Friday
<p>--- Sides ---</p> <p>Carrots, Baby, Fresh, Individually Wrapped <i>Carbs: 6</i></p> <p>---</p> <p>Mixed Berries ---</p> <p>Garlic Bread <i>Carbs: 15</i> * Soybeans, Wheat</p> <p>---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk</p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Lactose and Fat Free * Milk</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk</p> <p>---</p>	<p>--- Sides ---</p> <p>Carrots, Baby, Fresh, Individually Wrapped <i>Carbs: 6</i></p> <p>---</p> <p>PINEAPPLE, CHUNK IN JUICE CANNED TWP <i>Carbs: 22</i></p> <p>---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk</p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Lactose and Fat Free * Milk</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk</p> <p>---</p>	<p>--- Sides ---</p> <p>Mashed Sweet Potatoes ES/MS <i>Carbs: 41</i></p> <p>---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk</p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Lactose and Fat Free * Milk</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk</p> <p>---</p>	<p>--- Sides ---</p> <p>ORANGE, MANDARIN WHOLE IN LIGHT-SYRUP CANNED TWP <i>Carbs: 23</i></p> <p>---</p> <p>SAUSAGE, TURKEY LINK 1.03 OZ MILD SKINLESS CKD FZN TWP</p> <p>---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk</p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Lactose and Fat Free * Milk</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk</p> <p>---</p>	<p>--- Sides ---</p> <p>Carrots & Celery <i>Carbs: 7</i> * Milk, Eggs</p> <p>---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk</p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Lactose and Fat Free * Milk</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk</p> <p>---</p>

Monday	Tuesday	Wednesday	Thursday	Friday
<p>--- Entrees ---</p> <p>Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat</p> <p>---</p> <p>Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat</p> <p>---</p> <p>Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Yogurt Munchable Carbs: 57 * Milk, Wheat</p> <p>---</p> <p>Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat</p> <p>---</p> <p>Penne Alfredo Carbs: 51 * Milk</p> <p>---</p> <p>--- Sides ---</p> <p>Celery, Raw, Sticks Carbs: 2</p> <p>---</p> <p>Pears, Diced, Extra Light Syrup, Canned TWP Carbs: 16</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>Biscuit, Baked Mini WG 1 oz ES TWP Carbs: 11 * Milk, Wheat</p> <p>---</p>	<p>--- Entrees ---</p> <p>Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat</p> <p>---</p> <p>Doritos Taco in a Boat with Beef Crumbles Carbs: 27 * Milk, Soybeans</p> <p>---</p> <p>Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat</p> <p>---</p> <p>Yogurt Munchable Carbs: 57 * Milk, Wheat</p> <p>---</p> <p>Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat</p> <p>---</p> <p>Black Bean and Corn Salad Carbs: 28</p> <p>---</p> <p>RICE, BROWN LONG GRAIN PARBOILED TWP Carbs: 32</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>Bell Pepper Strips w/ Dip Carbs: 3 * Milk, Eggs</p> <p>---</p>	<p>--- Entrees ---</p> <p>Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat</p> <p>---</p> <p>Tyson® NAE, Fully Cooked, Whole Grain Breaded Golden Crispy Carbs: 16 * Soybeans, Wheat</p> <p>---</p> <p>Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat</p> <p>---</p> <p>Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Yogurt Munchable Carbs: 57 * Milk, Wheat</p> <p>---</p> <p>Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p> <p>Ore Ida® Reduced Sodium Tater Tots® 6x5 LBS Carbs: 17</p> <p>---</p> <p>CRAISINS CHERRY FLAVORED POUCH Carbs: 28</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p>	<p>--- Entrees ---</p> <p>Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat</p> <p>---</p> <p>Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat</p> <p>---</p> <p>Yogurt Munchable Carbs: 57 * Milk, Wheat</p> <p>---</p> <p>Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat</p> <p>---</p> <p>Cheese Steak Carbs: 29 * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Baked Bean Supreme Carbs: 35</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p> <p>Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu Carbs: 12</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>Candied Carrots Carbs: 18 * Soybeans</p> <p>---</p>	<p>--- Entrees ---</p> <p>Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat</p> <p>---</p> <p>Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat</p> <p>---</p> <p>Yogurt Munchable Carbs: 57 * Milk, Wheat</p> <p>---</p> <p>Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat</p> <p>---</p> <p>Mickey's Pizza Carbs: 28 * Milk, Wheat</p> <p>---</p> <p>Justine's Apple Crumb Dessert Carbs: 46</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p> <p>Chickpea Salad Carbs: 8</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>Romaine Boats Carbs: 10 * Soybeans, Wheat</p> <p>---</p>

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<p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk</p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Lactose and Fat Free * Milk</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk ---</p>	<p>--- Sides ---</p> <p>PINEAPPLE, CHUNK IN JUICE CANNED TWP <i>Carbs: 22</i> ---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk</p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Lactose and Fat Free * Milk</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk ---</p>	<p>--- Sides ---</p> <p>Cucumber and Tomato Salad ES/MS <i>Carbs: 6</i> ---</p> <p>Celery, Raw, Sticks <i>Carbs: 2</i> ---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk</p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Lactose and Fat Free * Milk</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk ---</p>	<p>--- Sides ---</p> <p>Cucumbers w/ Dip ES/MS <i>Carbs: 4</i> * Milk, Eggs ---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk</p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Lactose and Fat Free * Milk</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk ---</p>	<p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk</p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Lactose and Fat Free * Milk</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk ---</p>

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<p>--- Entrees ---</p> <p>Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat</p> <p>---</p> <p>Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat</p> <p>---</p> <p>Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Yogurt Munchable Carbs: 57 * Milk, Wheat</p> <p>---</p> <p>Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat</p> <p>---</p> <p>Egg and cheese on bagel/ES Lunch Carbs: 34 * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>CRAISINS CHERRY FLAVORED POUCH Carbs: 28</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p> <p>Baked Apples Carbs: 19 * Soybeans</p> <p>---</p> <p>McCain® Chopped Seasoned RedSkin-on Roasted (ES/MS) Carbs: 13</p> <p>---</p>	<p>--- Entrees ---</p> <p>Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat</p> <p>---</p> <p>Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat</p> <p>---</p> <p>Yogurt Munchable Carbs: 57 * Milk, Wheat</p> <p>---</p> <p>Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat</p> <p>---</p> <p>Doritos Taco in a Boat with Turkey Taco Carbs: 23 * Milk, Soybeans</p> <p>---</p> <p>--- Sides ---</p> <p>RICE, BROWN LONG GRAIN PARBOILED TWP Carbs: 32</p> <p>---</p> <p>CORN, KERNEL YELLOW FROZEN Carbs: 32</p> <p>---</p> <p>PINEAPPLE, CHUNK IN JUICE CANNED TWP Carbs: 22</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p>	<p>--- Entrees ---</p> <p>Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat</p> <p>---</p> <p>Chicken Bacon Ranch Rotini Bake Carbs: 22 * Milk, Eggs</p> <p>---</p> <p>Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat</p> <p>---</p> <p>Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Yogurt Munchable Carbs: 57 * Milk, Wheat</p> <p>---</p> <p>Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat</p> <p>---</p> <p>Yogurt Munchable Carbs: 57 * Milk, Wheat</p> <p>---</p> <p>Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat</p> <p>---</p> <p>TONY'S™ SMARTPIZZA® Pizza Cheese TWP Carbs: 35 * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Romaine Boats Carbs: 10 * Soybeans, Wheat</p> <p>---</p> <p>Sidekicks Frozen BlueRaspberry-Lemon Carbs: 23</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p>	<p>--- Entrees ---</p> <p>Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat</p> <p>---</p> <p>Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat</p> <p>---</p> <p>Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Yogurt Munchable Carbs: 57 * Milk, Wheat</p> <p>---</p> <p>Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat</p> <p>---</p> <p>TONY'S™ SMARTPIZZA® Pizza Cheese TWP Carbs: 35 * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Carrots & Celery Carbs: 7 * Milk, Eggs</p> <p>---</p> <p>Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu Carbs: 12</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p>

Monday	Tuesday	Wednesday	Thursday
<p>--- Sides ---</p> <p>Carrots, Baby, Fresh, Individually Wrapped <i>Carbs: 6</i></p> <p>---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> <i>* Milk</i></p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Lactose and Fat Free <i>* Milk</i></p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 12</i> <i>* Milk</i></p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> <i>* Milk</i></p> <p>---</p>	<p>--- Sides ---</p> <p>Carrots, Baby, Fresh, Individually Wrapped <i>Carbs: 6</i></p> <p>---</p> <p>Bell Pepper Strips w/ Dip <i>Carbs: 3</i> <i>* Milk, Eggs</i></p> <p>---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> <i>* Milk</i></p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Lactose and Fat Free <i>* Milk</i></p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 12</i> <i>* Milk</i></p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> <i>* Milk</i></p> <p>---</p>	<p>--- Sides ---</p> <p>Biscuit, Baked Mini WG 1 oz ES TWP <i>Carbs: 11</i> <i>* Milk, Wheat</i></p> <p>---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> <i>* Milk</i></p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Lactose and Fat Free <i>* Milk</i></p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 12</i> <i>* Milk</i></p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> <i>* Milk</i></p> <p>---</p>	<p>--- Sides ---</p> <p>Tossed Salad <i>Carbs: 6</i></p> <p>---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> <i>* Milk</i></p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Lactose and Fat Free <i>* Milk</i></p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 12</i> <i>* Milk</i></p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> <i>* Milk</i></p> <p>---</p>

Monday	Tuesday	Wednesday	Thursday	Friday
<p>--- Entrees ---</p> <p>Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat</p> <p>---</p> <p>Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat</p> <p>---</p> <p>Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Yogurt Munchable Carbs: 57 * Milk, Wheat</p> <p>---</p> <p>Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat</p> <p>---</p> <p>Cheesy Penne Pasta Marinara ES Carbs: 45</p> <p>---</p> <p>--- Sides ---</p> <p>Italian Green Beans ES/MS Carbs: 1</p> <p>---</p> <p>Fruit Cocktail, Canned, Extra Light Syrup Carbs: 14</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>Tossed Salad Carbs: 6</p> <p>---</p>	<p>--- Entrees ---</p> <p>Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat</p> <p>---</p> <p>Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat</p> <p>---</p> <p>Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Yogurt Munchable Carbs: 57 * Milk, Wheat</p> <p>---</p> <p>Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat</p> <p>---</p> <p>Doritos Taco in a Boat with Turkey Taco Carbs: 23 * Milk, Soybeans</p> <p>---</p> <p>--- Sides ---</p> <p>RICE, BROWN LONG GRAIN PARBOILED TWP Carbs: 32</p> <p>---</p> <p>PINEAPPLE, CHUNK IN JUICE CANNED TWP Carbs: 22</p> <p>---</p> <p>CRAISINS CHERRY FLAVORED POUCH Carbs: 28</p> <p>---</p> <p>Bell Pepper Strips w/ Dip Carbs: 3 * Milk, Eggs</p> <p>---</p>	<p>--- Entrees ---</p> <p>Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat</p> <p>---</p> <p>Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat</p> <p>---</p> <p>Yogurt Munchable Carbs: 57 * Milk, Wheat</p> <p>---</p> <p>Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Carrots & Celery Carbs: 7 * Milk, Eggs</p> <p>---</p> <p>CRAISINS CHERRY FLAVORED POUCH Carbs: 28</p> <p>---</p> <p>Cucumber and Tomato Salad ES/MS Carbs: 6</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p>	<p>--- Entrees ---</p> <p>Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat</p> <p>---</p> <p>French Toast Sticks, Whole Grain (approx. 140-150 pieces) Carbs: 42 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat</p> <p>---</p> <p>Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Yogurt Munchable Carbs: 57 * Milk, Wheat</p> <p>---</p> <p>Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat</p> <p>---</p> <p>Yogurt Munchable Carbs: 57 * Milk, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>McCain® Chopped Seasoned RedSkin-on Roasted (ES/MS) Carbs: 13</p> <p>---</p> <p>Pumpkin Pie Applesauce Carbs: 34 * Milk</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p>	<p>--- Entrees ---</p> <p>Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat</p> <p>---</p> <p>Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat</p> <p>---</p> <p>Yogurt Munchable Carbs: 57 * Milk, Wheat</p> <p>---</p> <p>Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat</p> <p>---</p> <p>FARM RICH BREADED PIZZA CHEESE CRUNCHERS TWP Carbs: 41 * Milk, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Assorted Fresh Fruit</p> <p>---</p> <p>Tossed Salad Carbs: 6</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>Blueberry Glazed Mini Donut Holes in a Cup 3 oz Carbs: 41 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p>

Monday	Tuesday	Wednesday	Thursday	Friday
<p>--- Sides ---</p> <p>Garlic Bread Carbs: 15 * Soybeans, Wheat</p> <p>---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk</p> <p>Milk, Strawberry, Fat Free Carbs: 34</p> <p>Milk, Lactose and Fat Free * Milk</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>---</p>	<p>--- Sides ---</p> <p>Assorted Fresh Fruit</p> <p>---</p> <p>Black Bean and Corn Salad Carbs: 28</p> <p>---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk</p> <p>Milk, Strawberry, Fat Free Carbs: 34</p> <p>Milk, Lactose and Fat Free * Milk</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>---</p>	<p>--- Sides ---</p> <p>Ore Ida® Reduced Sodium Tater Tots® 6x5 LBS Carbs: 17</p> <p>---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk</p> <p>Milk, Strawberry, Fat Free Carbs: 34</p> <p>Milk, Lactose and Fat Free * Milk</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>---</p>	<p>--- Sides ---</p> <p>SAUSAGE, TURKEY LINK 1.03 OZ MILD SKINLESS CKD FZN TWP</p> <p>---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk</p> <p>Milk, Strawberry, Fat Free Carbs: 34</p> <p>Milk, Lactose and Fat Free * Milk</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>---</p>	<p>--- Sides ---</p> <p>Carrots & Celery Carbs: 7 * Milk, Eggs</p> <p>---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk</p> <p>Milk, Strawberry, Fat Free Carbs: 34</p> <p>Milk, Lactose and Fat Free * Milk</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>---</p>