#### Wednesday **Friday** --- Entrees ------ Entrees ---Cheese Hoagie ES Cheese Hoagie ES Carbs: 30 Carbs: 30 \* Soybeans, Wheat \* Soybeans, Wheat Turkey and Cheese Hoagie Peanut Butter Munchable ES ES/MS Carbs: 30 Carbs: 46 \* Milk, Peanuts, Wheat \* Milk, Soybeans, Wheat Turkey and Cheese Hoagie Peanut Butter Munchable ES/MS ES Carbs: 46 Carbs: 30 \* Milk, Peanuts, Wheat \* Milk, Soybeans, Wheat Yogurt Munchable Yogurt Munchable Carbs: 57 Carbs: 57 \* Milk, Wheat \* Milk, Wheat - - -- - -Chef Salad ES Chef Salad ES Carbs: 51 Carbs: 51 \* Soybeans, Eggs, Wheat \* Soybeans, Eggs, Wheat Cheeseburger Pizza. Domino's Smart Slice Carbs: 31 ES \* Milk, Soybeans, Wheat Carbs: 28 \* Milk, Soybeans, Wheat - - ---- Sides ------ Sides ---POTATO, MASHED PATTY SMILES FZN TWP Romaine Boats Carbs: 25 Carbs: 10 \* Soybeans, Wheat - - -**Candied Carrots** Apple Pie Fruit Salad Carbs: 18 \* Soybeans Carbs: 19 - - -- - -Assorted Fresh Fruit Roasted Chickpeas ES/MS Carbs: 24 - - -- - -Carrots, Baby, Fresh, Assorted Fresh Fruit Individually Wrapped Carbs: 6 ---Carrots, Baby, Fresh, Apricots, Canned, Light Individually Wrapped Syrup Pack TWP Carbs: 6 Carbs: 21 - - -

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# Wednesday

## --- Sides ---

Cucumbers w/ Dip ES/MS

Carbs: 4

\* Milk, Eggs

- - -

# --- Milk ---

Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34

Milk, Strawberry, Fat Free Carbs: 34

Milk, Lactose and Fat Free

\* Milk

Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 \* Milk

Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 \* Milk

- - -

# **Friday**

## --- Milk ---

Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 \* Milk

Milk, Strawberry, Fat Free *Carbs: 34* 

Milk, Lactose and Fat Free

\* Milk

Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 \* Milk

Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 \* Milk

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Entrees Cheese Hoagie ES Carbs: 30 *Soybeans, Wheat Turkey and Cheese Hoagie ES Carbs: 30 *Milk, Soybeans, Wheat Carbs: 30 *Milk, Soybeans, Wheat  *Soybeans, Wheat ES/MS Carbs: 30 *Milk, Soybeans, Wheat  *Milk, Peanuts, Wheat Carbs: 30 *Milk, Peanuts, *Milk, Soybeans, Wheat Carbs: 30 *Milk, Peanuts, Wheat Carbs: 30 *Milk, Peanuts, Wheat Carbs: 30 *Milk, Peanuts, Wheat Carbs: 30 *Milk, Soybeans, Wheat Carbs: 30 *Milk, Soybeans Carbs: 40 *Milk, Soybeans Carbs: 40 *Milk, Soybeans Carbs: 40 *Milk, Soybeans C	Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Hoagie ES Carbs: 30 *Soybeans, Wheat  Turkey and Cheese Hoagie ES Carbs: 30 *Milk, Soybeans, Wheat  *Milk, Myheat  *Milk, Myheat  *Milk, Myheat  *Milk, Myheat  *Soybeans, Wheat  *Soybeans, Wheat  *Soybeans, Wheat  *Milk, Myheat  *Soybeans, Wheat  *Milk, Myheat  *Milk, Myheat  *Soybeans, Wheat  *Milk, Myheat  *Milk, Myheat  *Soybeans, Wheat  *Soybeans, Wheat  *Milk, Myheat  *Soybeans, Wheat  *Soybeans, Wheat  *Milk, Myheat  *Soybeans, Wheat  *Milk, Myheat  *Milk, Myheat  *Soybeans, Wheat  *Milk, Myheat  *Milk, Myheat  *Milk, Myheat  *Soybeans, Wheat  *Milk, Myheat  *Milk, Soybeans, Wheat  *Milk, Myheat  *Milk, Myheat  *Milk, Soybe			<u> </u>	<del>-</del>	
Carbs: 30 Soybeans, Wheat Turkey and Cheese Hoagie ES Carbs: 30 *Milk, Soybeans, Wheat Carbs: 30 *Milk, Soybeans, Wheat Carbs: 30 *Milk, Soybeans, Wheat Carbs: 46 *Milk, Peanuts, Wheat *Milk, Soybeans, Eggs, Wheat *Milk, Soybeans, Wheat *Milk, Soybeans, Wheat *Milk, Soybeans, Eggs, Wheat *Milk, Peanuts, Wheat *Milk, Soybeans, Wheat *Milk, Peanuts, Wheat *Milk, Soybeans, Wheat *Milk, Soybeans *Milk, Soybea					
*Soybeans, Wheat *Soybeans, Wheat ES Carbs: 42 *Soybeans, Eggs, Wheat ES Carbs: 42 *Milk, Soybeans, Eggs, Wheat ES Carbs: 43 *Milk, Soybeans, Eggs, Wheat ES Carbs: 46 *Milk, Peanuts, Wheat ES Carbs: 47 *Milk, Wheat ES Carbs: 47 *Milk, Wheat ES Carbs: 48 *Milk, Peanuts, Wheat ES Carbs: 48 *Milk, Peanuts, Wheat ES Carbs: 48 *Milk, Peanuts, Wheat ES Carbs: 49 *Milk, Soybeans, Wheat Carbs: 47 *Milk, Wheat ES Carbs: 48 *Milk, Peanuts, Wheat ES Carbs: 49 *Milk, Soybeans, Eggs, Wheat *Soybeans, Wheat Carbs: 48 *Soybeans, Eggs, Wheat *Soybeans, Wheat Carbs: 49 *Soybeans, Eggs, Wheat *Soybeans, Eggs, Wheat *Soybeans, Wheat Carbs: 49 *Soybeans, Eggs, Wheat *Soybeans, Eggs, Wheat *Soybeans, Wheat Carbs: 40 *Soybeans, Eggs, Wheat *Soybeans, Wheat *Soybeans, Eggs, Wheat *Soybeans, Eggs, Wheat *Soybeans, Eggs, Wheat *Soybeans, Eggs, Wheat *Soybeans, Wheat *Soybeans, Eggs, Wheat					
Turkey and Cheese Hoagie ES Carbs: 30 Carbs: 3					
Turkey and Cheese Hoagie ES Carbs: 30 *Milk, Soybeans, Wheat ES/MS Carbs: 30 *Milk, Soybeans, Wheat  *Milk, Peanuts, Wheat  *Milk, Soybeans, Wheat  *Milk, Soybeans, Wheat  *Milk, Wheat  *Milk, Wheat  *Milk, Wheat  *Milk, Wheat  *Milk, Soybeans, Wheat  *Milk, Wheat  *Milk, Wheat  *Milk, Soybeans, Wheat  *			and the second s	• ,	· · · · · · · · · · · · · · · · · · ·
Turkey and Cheese Hoagie   Es   Carbs: 30   Carbs: 30   Milk, Soybeans, Wheat   Carbs: 30   Milk, Soybeans, Wheat   Carbs: 30   Carbs: 40   Milk, Peanuts, Wheat   Carbs: 40   Carbs: 57   Carbs: 57   Carbs: 57   Carbs: 57   Milk, Wheat   Carbs: 57   Carbs: 57   Carbs: 57   Milk, Wheat   Carbs: 57   Milk, Wheat   Carbs: 57   Carbs: 57   Carbs: 57   Carbs: 57   Milk, Wheat   Carbs: 57   Carbs: 57   Carbs: 57   Milk, Wheat   Carbs: 57   Carbs: 57   Milk, Wheat   Carbs: 57   Carbs: 57   Milk, Wheat   Carbs: 57   Milk, Soybeans, Wheat   Carbs: 57   Carbs: 57   Milk, Wheat   Carbs: 57   Milk, Wheat   Carbs: 57   Carbs: 57   Milk, Wheat   Carbs: 57   Milk, Soybeans, Wheat   Carbs: 57   Milk, Wheat   Carbs: 60   Carbs:					
ES Carbs: 30 *Milk, Soybeans, Wheat *Milk, So	Turkey and Cheese Hoagie	Turkey and Cheese Hoagie	Peanut Butter Munchable		TONY'S™ SMARTPIZ
**Milk, Soybeans, Wheat value of the composition of	ES	ES	ES/MS		Pizza Cheese TW
Peanut Butter Munchable ES/MS Carbs: 46  *Milk, Peanuts, Wheat  Yogurt Munchable Carbs: 57  *Milk, Wheat  Carbs: 57  *Milk, Wheat  Carbs: 57  *Milk, Wheat  Carbs: 51  *Soybeans, Eggs, Wheat  *Milk, Peanuts, Wheat  *Milk, Peanuts, Wheat  *Milk, Wheat  Carbs: 57  *Milk, Wheat  Carbs: 57  *Milk, Wheat  Carbs: 57  *Milk, Wheat  Carbs: 57  *Soybeans, Eggs, Wheat  Carbs: 57  *Soybeans, Eggs, Wheat  Carbs: 57  *Milk, Wheat  Carbs: 57  *Soybeans, Eggs, Wheat  Carbs: 51  *Soybeans, Wheat  Carbs: 57  *Milk, Carbs: 40  *Milk, Soybeans, Wheat  Carbs: 57  *Milk, Wheat  Che					
Peanut Butter Munchable ES/MS Carbs: 46 *Milk, Peanuts, Wheat  Yogurt Munchable Carbs: 57 *Milk, Wheat  *Milk, Peanuts, Wheat  Yogurt Munchable Carbs: 57 *Milk, Wheat  *Milk, Peanuts, Wheat  Yogurt Munchable Carbs: 57 *Milk, Wheat  *Milk, Peanuts, Wheat  Yogurt Munchable Carbs: 57 *Milk, Wheat  *Milk, Peanuts, Wheat  Yogurt Munchable Carbs: 57 *Milk, Wheat  *Milk, Soybeans, Wheat  *Milk, Peanuts, Wheat  Turkey and Cheese Hoagie ES/MS Carbs: 46 *Milk, Peanuts, Wheat  *Milk, Soybeans, Wheat  *Milk, Peanuts, Wheat  Turkey and Cheese Hoagie ES/MS Carbs: 46 *Milk, Peanuts, Wheat  *Milk, Soybeans, Wheat  *Milk, Peanuts, Wheat  Turkey and Cheese Hoagie ES/MS Carbs: 46 *Milk, Peanuts, Wheat  *Milk, Soybeans, Wheat  *Milk, Soybeans, Wheat  *Milk, Peanuts, Wheat  *Milk, Soybeans, Eggs, Wheat  *Soybeans, Eggs, Wheat  *Yogurt Munchable Carbs: 30 *Milk, Soybeans, Wheat  *Yogurt Munchable Carbs: 37 *Milk, Soybeans, Wheat  *Yogurt Munchable Carbs: 37 *Milk, Soybeans, Wheat  *Milk, Peanuts, Wheat  *Milk, Soybeans, Wheat  *Soybeans, Eggs, Wheat  *Soybeans, Egs, Wheat  *Soy	* Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat	* Milk, Peanuts, Wheat		* Milk, Soybeans, Wh
Peanut Butter Munchable ES/MS Carbs: 46  *Milk, Peanuts, Wheat  Yogurt Munchable Carbs: 57  *Milk, Wheat  Yogurt Munchable Carbs: 57  *Milk, Wheat  *Milk, Wheat  *Milk, Wheat  *Soybeans, Eggs, Wheat  *Soybeans, Wheat  *Soybeans, Eggs, Wheat  *Soybeans, Eggs, Wheat  *Soybeans, Wheat  *Soybeans, Eggs, Wheat  *Soybeans, Eggs, Wheat  *Soybeans, Wheat  *Soybeans, Wheat  *Soybeans, Eggs, Wheat  *Soybeans, Wheat  *Soybeans, Eggs, Wheat  *Soybeans, Wheat  *Soybeans, Wheat  *Soybeans, Eggs, Wheat  *Soybeans, Wheat  *Soy					
ES/MS Carbs: 46 Carbs: 46 Milk, Peanuts, Wheat  * Milk, Soybeans, Wheat  * Soybeans, Eggs, Wheat  * Soybeans, Wheat  * Soybeans, Wheat  * Soybeans, Eggs, Wh	Peanut Butter Munchable	Peanut Rutter Munchable	Turkey and Cheese Hoagie	* Soybeans, Wheat	Turkey and Cheese Ho
*Milk, Peanuts, Wheat  *Milk, Soybeans, Wheat  *Milk, Peanuts, Wheat  *Milk, Soybeans, Eggs, Wheat  *Yogurt Munchable  *Carbs: 30  *Milk, Soybeans, Wheat  *Milk, Soybeans, Eggs, Wheat  *Yogurt Munchable  *Malk, Soybeans, Wheat  *Milk, Soybeans, Wheat  *Milk, Soybeans, Wheat  *Milk, Soybeans, Wheat  *Milk, Soybeans, Wheat  *Yogurt Munchable  *Malk, Soybeans, Wheat  *Yogurt Munchable  *Malk, Soybeans, Wheat  *Milk, Soybeans, Wheat  *Milk, Soybeans, Wheat  *Milk, Soybeans, Wheat  *Yogurt Munchable  *Malk, Soybeans, Wheat  *Milk, Soybeans, Wheat  *Milk					
*Milk, Peanuts, Wheat  *Milk, Peanuts, Wheat  *Milk, Peanuts, Wheat  *Milk, Peanuts, Wheat  *Milk, Peanuts, Wheat  *Soybeans, Egs, Wheat  *Milk, Soybeans, Wheat  *Milk, Soybeans, Wheat  *Milk, Wheat  *Milk, Wheat  *Milk, Peanuts, Wheat  *Soybeans, Egs, Wheat  *Soybe				Peanut Butter Munchable	
Yogurt Munchable Carbs: 57 *Milk, Wheat Chef Salad ES Carbs: 51 *Soybeans, Eggs, Wheat Carbs: 51 *Soybeans, Eggs, Wheat Carbs: 53 *Soybeans, Eggs, Wheat Carbs: 53 *Soybeans, Eggs, Wheat Carbs: 54 *Soybeans, Eggs, Wheat Carbs: 55 *Soybeans, Eggs, Wheat Carbs: 57 *Milk, Soybeans, Eggs, Wheat Carbs: 57 *Milk, Peanuts, Wheat Carbs: 4 *Milk, Peanuts, Wheat Carbs: 4 *Milk, Peanuts, Wheat Carbs: 4 *Milk, Poanuts, Wheat Carbs: 57 *Milk, Peanuts, Wheat Carbs: 4 *Milk, Poanuts, Wheat Carbs: 57 *Milk, Peanuts, Wheat Carbs: 4 *Milk, Poanuts, Wheat Carbs: 57 *Milk, Peanuts, Wheat Carbs: 4 *Milk, Poanuts, Wheat Carbs: 57 *Milk, Peanuts, Wheat Carbs: 4 *Milk, Poanuts, Wheat Carbs: 57 *Milk, Peanuts, Wheat Carbs: 4 *Milk, Poanuts, Wheat Carbs: 57 *Milk, Peanuts, Wheat Carbs: 4 *Milk, Poanuts, Wheat Carbs: 57 *Milk, Peanuts, Wheat Carbs: 4 *Milk, Poanuts, Wheat Carbs: 4 *Milk, Poanuts, Wheat Carbs: 57 *Milk, Peanuts, Wheat Carbs: 4 *Milk, Poanuts, Wheat Carbs: 57 *Milk, Peanuts, Wheat Carbs: 4 *Milk, Poanuts, Wheat Carbs: 4 *Milk, Poanuts, Wheat Carbs: 57 *Milk, Poanuts, Wheat Carbs: 4 *Milk, Poanuts, Wheat Carbs: 57 *Milk, Poanuts, Wheat Carbs: 57 *Milk, Poanuts, Wheat Carbs: 57 *Milk, Poanuts, Wheat Carbs: 4 *Milk, Poanuts, Wheat Carbs: 57 *Milk, Poanuts, Wheat Carbs: 57 *Milk, Poanuts, Wheat Carbs: 4 *Milk, Poanuts, Wheat *Milk, Poanuts, Wheat Carbs: 57 *Milk, Wheat Carbs: 57 *Milk, Wheat Carbs: 57 *Milk, Wheat Carbs: 57 *Milk, Wheat Carbs: 51 *Soybeans, Wheat Carbs: 51 *Soybeans, Eggs, Wheat *Milk, Poanuts, Wheat Carbs: 57 *Milk, Poanuts, Wheat Carbs: 6 *Milk, Poanu					
Yogurt Munchable Carbs: 57  * Milk, Wheat  Carbs: 57  * Milk, Wheat  Chef Salad ES Carbs: 51  * Soybeans, Eggs, Wheat  * Soybeans, Eggs, Wheat  * Soybeans, Eggs, Wheat  Carbs: 51  * Soybeans, Eggs, Wheat  * Soybeans, Eggs, Wheat  * Soybeans, Eggs, Wheat  * Soybea					
**Carbs: 57 **Milk, Wheat **Milk, Soybeans (Carbs: 30 **Milk, Soybeans, Wheat **Soybeans, Eggs, Wheat **Soybeans, Wheat **Carbs: 57 **Milk, Meat **Carbs: 57 **Milk,					
* Milk, Wheat	<u> </u>	3			
Chef Salad ES Chef Salad ES Carbs: 51 Carbs: 57 Milk, Soybeans, Wheat Carbs: 57 Milk, Soybeans, Wheat Carbs: 57 Milk, Soybeans, Eggs, Wheat Carbs: 50 Carbs: 51 Chef Salad ES Carbs: 6 Carbs: 6				Turkey and Chases Hearin	
Chef Salad ES Carbs: 51  *Soybeans, Eggs, Wheat  *Soybeans, Egss, Wheat  *Soyb					
Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat * Maetball Sub Es 2025 Carbs: 35 * Milk, Wheat * Carbs: 37 * Milk, Wheat * Carbs: 35 * Milk, Soybeans, Wheat * Carbs: 35 * Milk, Wheat * Carbs: 37 * Milk, Wheat * Carbs: 4 * Chef Salad ES * Carbs: 57 * Milk, Wheat * Carbs: 6 * Carbs: 6 * Chef Salad ES * Carbs: 57 * Milk, Wheat * Carbs: 6 * Milk, Soybeans, Wheat * Carbs: 6 * Carbs: 6 * Carbs: 6 * Milk, Wheat * Carbs: 6 * Milk, Wheat * Carbs: 6 * Carbs: 6 * Carbs: 6 * Milk, Soybeans, Wheat * Carbs: 6 * Carbs: 6 * Milk, Soybeans, Wheat * Carbs: 6 * Carbs: 6 * Milk, Soybeans, Wheat * Carbs: 6 * Carbs: 6 * Milk, Soybeans, Wheat * Carbs: 6 * Carbs: 6 * Milk, Soybeans, Wheat *				_	
*Soybeans, Eggs, Wheat	Chef Salad ES	Chef Salad ES	Chef Salad ES		
*Soybeans, Eggs, Wheat	Carbs: 51	Carbs: 51	Carbs: 51		Yogurt Munchable
RAVIOLI, CHEESE JUMBO SQUARE WHOLE WHEAT PASTA COOKED FROZEN Carbs: 23 * Milk, Eggs, Wheat  Sides Celery, Raw, Sticks Carbs: 2 Sides Pizza Green Beans Carbs: 7 Carbs: 7 Carbs: 7 Carbs: 7 Carbs: 7 Carbs: 9  Peterson Apple Slices Carbs: 8 Carbs: 13 Carbs: 13 Carbs: 13 Carbs: 6  Peterson Apple Slices Carbs: 8 Carbs: 13 Carbs: 13 Carbs: 6  Cartos: 19 Soybeans, Wheat  Sides Sides Sides Sides Sides Sides Sides Sides Carbs: 2 Carbs: 32 Carbs: 32 Carbs: 32 Carbs: 32 Carbs: 8 Carbs: 13 Carbs: 6  Cartos: 8 Carbs: 13 Carbs: 6 Cartos: 13 Carbs: 6  Cartos: 13 Carbs: 6  Cartos: 6 C	* Soybeans, Eggs, Wheat	* Soybeans, Eggs, Wheat	* Soybeans, Eggs, Wheat		
RAVIOLI, CHEESE JUMBO SQUARE WHOLE WHEAT PASTA COOKED FROZEN Carbs: 29 * Milk, Eggs, Wheat Sides Celery, Raw, Sticks Carbs: 29 Pizza Green Beans Carbs: 7 CRANSE 7 CRANGE, MANDARIN WHOLE IN LIGHT-SYRUP CARNED TWP CARNSE 12 CARDS: 23 Assorted Fresh Fruit CARDS: 6 CARDS: 6 CARDS: 6 CARDS: 6 CARDS: 35 CARDS: 35 CARDS: 35 CARDS: 35 CARDS: 35 CARDS: 35 CARDS: 36 CARDS: 35 CARDS: 35 CARDS: 36 CARDS: 36 CARDS: 36 CARDS: 36 CARDS: 6 CARDS: 6 CARDS: 36 CARDS: 6 CARDS: 36 CARDS: 37 CARDS: 6 CARDS: 37 CARDS: 6 CARDS: 6 CARDS: 6 CARDS: 36 CARDS: 37 CARDS: 6 CARDS: 6 CARDS: 36 CARDS: 37 CARDS: 6 CARDS: 6 CARDS: 36 CARDS: 37 CARDS: 6 CARDS: 6 CARDS: 36 CARDS: 6 CARDS: 36 CARDS: 37 CARDS: 6 CARDS: 6 CARDS: 36 CARDS: 37 CARDS: 6 CARDS: 6 CARDS: 36 CARDS: 7 CARDS: 6 CARDS: 37 CARDS: 6 CARDS: 6 CARDS: 6 CARDS: 6 CARDS: 7 CARDS: 6 CARDS: 7 C					* Milk, Wheat
SQUARE WHOLE WHEAT PASTA COOKED FROZEN Carbs: 23 *Soybeans, Wheat Carbs: 29 *Milk, Eggs, Wheat	PAVIOLI CHEESE ILIMBO	Doritos Taco in a Boat with	Meathall Sub ES 2025		
PASTA COOKED FROZEN Carbs: 29 * Milk, Eggs, Wheat				* Milk, Wheat	Chef Salad ES
* Milk, Eggs, Wheat  Sides  Sides  RICE, BROWN LONG Carbs: 2  Sides  Pizza Green Beans Carbs: 7  CRANGE, MANDARIN WHOLE IN LIGHT-SYRUP CArbs: 23  Carbs: 23  Carbs: 23  Carbs: 32  Carbs: 8  Carbs: 6  Chickpea Salad Carbs: 8  Carrots, Baby, Fresh, Individually Wrapped Carbs: 6  Carbs: 6  Carbs: 6  Chef Salad ES Carbs: 51  *Soybeans, Eggs, Wheat  Sides  Sides  Sides  Sides  *Soybeans, Eggs, Wheat  Sides					
*Milk, Eggs, Wheat Sides Sides RICE, BROWN LONG Celery, Raw, Sticks GRAIN PARBOILED TWP Carbs: 2 Carbs: 32 Peterson Apple Slices Carbs: 8 Carbs: 4 Sides McCain® Chopped Seasoned RedSkin-on Roasted (ES/MS) Carbs: 13 Carbs: 6  Peterson Apple Slices Carbs: 8 Carbs: 51 *Soybeans, Eggs, Wheat Sides McCain® Chopped Seasoned RedSkin-on Roasted (ES/MS) Carbs: 13 Carts: 6  *Soybeans, Eggs, Wheat Sides  *Assorted Fresh Fruit Carbs: 4 Sides McCain® Chopped Seasoned RedSkin-on Roasted (ES/MS) Carbs: 13 Carts: 6  *Soybeans Carrots, Baby, Fresh, Individually Wrapped Carbs: 6  *Soybeans Carrots, Baby, Fresh, Individually Wrapped Carbs: 6  *Soybeans Carrots, Baby, Fresh, Individually Wrapped Carbs: 6  *Carbs: 6  *Soybeans Carrots, Baby, Fresh, Individually Wrapped Carbs: 6  *Carbs: 6  *Soybeans Carrots, Baby, Fresh, Individually Wrapped Carbs: 6			the state of the s	Chef Salad ES	
Sides  Sides  RICE, BROWN LONG Celery, Raw, Sticks Carbs: 2 Carbs: 32 Carbs: 32  ORANGE, MANDARIN WHOLE IN LIGHT-SYRUP CARDS: 23 Assorted Fresh Fruit Carbs: 32  Carbs: 33 Assorted Fresh Fruit Carbs: 34 Carbs: 8 Carcs: 13 Carcs: 6  Carrots, Baby, Fresh, Individually Wrapped Carbs: 6  Carcs: 6  Carcots, Baby, Fresh, Individually Wrapped Carbs: 6  Carcs: 14 Carcs: 14 Carcs: 14 Carcs: 14 Carcs: 14 Carcs: 16	* Milk, Eggs, Wheat			Carbs: 51	
Celery, Raw, Sticks Carbs: 2 Carbs: 32 Peterson Apple Slices Carbs: 8 Carbs: 7 Carbs: 32 Carbs: 32 Carbs: 32 Carbs: 7 Carbs: 7 Carbs: 32 Carbs: 32 Carbs: 8 Carbs: 8 Carbs: 8 CARNADARIN WHOLE IN LIGHT-SYRUP CANNED TWP CARNED TWP CARS: 23 Assorted Fresh Fruit Carbs: 33 Carbs: 33 Carbs: 33 Carbs: 34 Carbs: 8 Carbs: 8 Carbs: 9 Carbs: 9 Carbs: 23 McCain® Chopped Seasoned RedSkin-on Roasted (ES/MS) Carbs: 6 Carbs: 6 Carbs: 6 Carbs: 6  Carchs: 6  Carrots, Baby, Fresh Individually Wrapped Carbs: 19 Carbs: 19 Carbs: 14 Carbs: 6  Carbs: 14 Carbs: 6			Sides	* Soybeans, Eggs, Wheat	
Celery, Raw, Sticks Carbs: 2 Carbs: 32 Peterson Apple Slices Peterson Apple Slices Carbs: 7 Carbs: 7 Carbs: 32 Carbs: 7 Carbs: 32 Carbs: 32 Carbs: 7 Carbs: 32 Carbs: 8 Carbs: 8 Carbs: 9 Carbs: 32 Carbs: 32 Carbs: 32 Carbs: 8 Carbs: 13 Carrots, Baby, Fresh, Individually Wrapped Carbs: 23 Assorted Fresh Fruit Carbs: 19 Soybeans Carbs: 14 Tossed Salad Carbs: 6 Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 Carbs: 14 Carbs: 6		Sides	RPOCCOLL EDESH		Sides
Celery, Raw, Sticks Carbs: 2 Carbs: 32 Peterson Apple Slices Peterson Apple Slices Peterson Apple Slices Carbs: 6  Peterson Apple Slices Peterson Apple Seasoned RedSkin-on Roatset (ES/MS) Carbs: 6  Carbs: 6  Carrots, Baby, Fresh, Individually Wrapped Carbs: 6  Peterson Apple Seasoned RedSkin-on Roatset (ES/MS) Carbs: 6  Carrots, Baby, Fresh, Individually Wrapped Carbs: 6	Sides	RICE BROWN LONG			Assorted Fresh Fru
Carbs: 2 Carbs: 32 Peterson Apple Slices Pizza Green Beans Carbs: 7 FROZEN Carbs: 32  ORANGE, MANDARIN WHOLE IN LIGHT-SYRUP CARNS: 23 Assorted Fresh Fruit Carbs: 23 Assorted Fresh Fruit Assorted Fresh Fruit  Assorted Fresh Fruit  Assorted Fresh Fruit Assorted Fresh Fruit  Assorted Fresh Fruit  Assorted Fresh Fruit  Assorted Fresh Fruit Assorted Fresh Fruit  Carbs: 6  Carrots, Baby, Fresh, Individually Wrapped Carbs: 6	Celery, Raw, Sticks			Sides	
Peterson Apple Slices  Pizza Green Beans Carbs: 7  Carbs: 7  Carbs: 32  CANNED TWP Carbs: 23  Carbs: 23  Assorted Fresh Fruit  Carbs: 23  Assorted Fresh Fruit  Carbs: 6  Carrots, Baby, Fresh, Individually Wrapped  Carbs: 6				McCain® Chopped	
Pizza Green Beans Carbs: 7 FROZEN Carbs: 32 Carbs: 8 CANNGE, MANDARIN WHOLE IN LIGHT-SYRUP CANNED TWP Carbs: 23 Assorted Fresh Fruit Assorted Fresh Fruit Assorted Fresh Fruit Assorted Fresh Fruit  Assorted Fresh Fruit Carbs: 6  Carrots, Baby, Fresh, Individually Wrapped Carbs: 6  Tossed Salad Carbs: 6			Peterson Apple Slices		
Carbs: 7 Carbs: 7 Carbs: 32 Carbs: 8 Carbs: 8 Carbs: 13 Carbs: 13 Carbs: 13 Carcots, Baby, Fresh, Individually Wrapped Carbs: 23 Assorted Fresh Fruit Assorted Fresh Fruit Assorted Fresh Fruit Carbs: 6 Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 Carcots, Baby, Fresh, Individually Wrapped Carbs: 6					Carbs: 6
Carbs: 32  Carbs: 8  Carsos, Baby, Fresh Individually Wrapped Carbs: 6  Carsos, Baby, Fresh Individually Wrapped Carbs: 6  Carrots, Baby, Fresh Individually Wrapped Carbs: 6			Chicknes Salad		
ORANGE, MANDARIN WHOLE IN LIGHT-SYRUP CANNED TWP Carbs: 3 Carbs: 23 Assorted Fresh Fruit CARDS: 23 Assorted Fresh Fruit Carbs: 6  Carrots, Baby, Fresh, Individually Wrapped Carbs: 6					Carrots Baby Fres
ORANGE, MANDARIN WHOLE IN LIGHT-SYRUP CANNED TWP Carbs: 3  * Milk, Eggs Carrots, Baby, Fresh, Individually Wrapped Assorted Fresh Fruit  Tossed Salad Carbs: 6				Assorted Fresh Fruit	
WHOLE IN LIGHT-SYRUP CANNED TWP Carbs: 3  * Milk, Eggs Carrots, Baby, Fresh, Individually Wrapped Assorted Fresh Fruit  Assorted Fresh Fruit  Tossed Salad  Carbs: 6  Assorted Fresh Fruit  Assorted Fresh Fruit  Assorted Fresh Fruit  Carbs: 6  Assorted Fresh Fruit  Carrots, Baby, Fresh, Individually Wrapped Carbs: 6  Carrots, Baby, Fresh, Individually Wrapped Carbs: 6	ORANGE, MANDARIN				
CANNED TWP Carbs: 3  * Milk, Eggs Carrots, Baby, Fresh, Individually Wrapped Assorted Fresh Fruit Tossed Salad Carbs: 6  * Milk, Eggs Carrots, Baby, Fresh, Individually Wrapped Carbs: 6  * Carbs: 19 * Soybeans UNSWEETENED S PLASTIC CUP Carbs: 6  * Carbs: 6	•	Bell Pepper Strips w/ Dip	Assorted Fresh Fruit		
Carbs: 23  * Milk, Eggs Carrots, Baby, Fresh, Individually Wrapped Assorted Fresh Fruit Assorted Fresh Fruit Carbs: 6  Tossed Salad Carbs: 6  * Milk, Eggs Carrots, Baby, Fresh, Individually Wrapped Carbs: 6  Carrots, Baby, Fresh, Individually Wrapped Carbs: 6	CANNED TWP			Baked Apples	
Assorted Fresh Fruit Assorted Fresh Fruit Carbs: 6 STRAWBERRY BANA UNSWEETENED S  Carbs: 6 Carrots, Baby, Fresh, Individually Wrapped Carbs: 6  Carbs: 6 Carbs: 6	Carbs: 23	* Milk, Eggs	Carrote Bahy Fresh		
Assorted Fresh Fruit Assorted Fresh Fruit Carbs: 6 PLASTIC CUP  Carrots, Baby, Fresh, Carbs: 14  Tossed Salad  Carbs: 6 Carbs: 6					-
Tossed Salad  Carbs: 6  Carrots, Baby, Fresh, Carbs: 14  Individually Wrapped  Carbs: 6	Assorted Fresh Fruit	Assorted Fresh Fruit	,		
Tossed Salad  Carbs: 6  Carbs: 6				Carrote Boby Froch	
Tossed Salad Carbs: 6			- <del></del>		
Carbs: 6	Tossed Salad				
	Carbs: 6				

Monday	Tuesday	Wednesday	Thursday	Friday
Sides	Sides	Sides	Sides	Sides
Carrots, Baby, Fresh, Individually Wrapped Carbs: 6	Carrots, Baby, Fresh, Individually Wrapped Carbs: 6	Mashed Sweet Potatoes ES/MS Carbs: 41	ORANGE, MANDARIN WHOLE IN LIGHT-SYRUP CANNED TWP Carbs: 23	Carrots & Celery Carbs: 7 * Milk, Eggs
Mixed Berries	PINEAPPLE, CHUNK IN JUICE CANNED TWP	Milk	SAUSAGE, TURKEY LINK	Milk
Garlic Bread Carbs: 15 * Soybeans, Wheat	Carbs: 22	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34	1.03 OZ MILD SKINLESS CKD FZN TWP	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34
	Milk	* Milk	Milk	* Milk
Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D	Milk, Strawberry, Fat Free Carbs: 34	Milk, Chocolate, Non-fat, With Added Vitamin A and	Milk, Strawberry, Fat Free Carbs: 34
Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D	Carbs: 34 * Milk	Milk, Lactose and Fat Free  * Milk	Vitamin D Carbs: 34	Milk, Lactose and Fat Free  * Milk
Carbs: 34  * Milk	Milk, Strawberry, Fat Free Carbs: 34	Milk, Non-fat, With Added Vitamin A and Vitamin D	* Milk Milk, Strawberry, Fat Free	Milk, Non-fat, With Added Vitamin A and Vitamin D
Milk, Strawberry, Fat Free Carbs: 34	Milk, Lactose and Fat Free * Milk	Carbs: 12 * Milk	Carbs: 34 Milk, Lactose and Fat Free	Carbs: 12 * Milk
Milk, Lactose and Fat Free  * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D	* Milk Milk, Non-fat, With Added	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D
Milk, Non-fat, With Added Vitamin A and Vitamin D	Carbs: 12  * Milk	Carbs: 12  * Milk	Vitamin A and Vitamin D Carbs: 12 * Milk	Carbs: 12 * Milk
Carbs: 12 * <mark>Milk</mark>	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D		Milk, Low-fat (1%), With Added Vitamin A and	
Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12	Carbs: 12  * Milk		Vitamin D Carbs: 12  * Milk	
⊕ A APIL.				

\* Milk - - -

Monday	Tuesday	Wednesday	Thursday	Friday
Entrees	Entrees	Entrees	Entrees	Entrees
Cheese Hoagie ES	Cheese Hoagie ES	Cheese Hoagie ES	Cheese Hoagie ES	Cheese Hoagie ES
Carbs: 30	Carbs: 30	Carbs: 30	Carbs: 30	Carbs: 30
* Soybeans, Wheat	* Soybeans, Wheat	* Soybeans, Wheat	* Soybeans, Wheat	* Soybeans, Wheat
Doon it Duttor Munchable	Devites Tags in a Root with	Typen® NAE Fully Cooked	Turkey and Chases Hearin	Turkey and Chases Hearin
Peanut Butter Munchable	Doritos Taco in a Boat with	Tyson® NAE, Fully Cooked,	Turkey and Cheese Hoagie	Turkey and Cheese Hoagie
ES/MS Carbs: 46	Beef Crumbles Carbs: 27	Whole Grain Breaded	ES Carbs: 30	ES Carbs: 30
		Golden Crispy		
* Milk, Peanuts, Wheat	* Milk, Soybeans	Carbs: 16	* Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat
		* Soybeans, Wheat		
Turkey and Cheese Hoagie	Turkey and Cheese Hoagie		Peanut Butter Munchable	Peanut Butter Munchable
ES	ES	Peanut Butter Munchable	ES/MS	ES/MS
Carbs: 30	Carbs: 30	ES/MS	Carbs: 46	Carbs: 46
* Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat	Carbs: 46	* Milk, Peanuts, Wheat	* Milk, Peanuts, Wheat
= <del>-</del> -		* Milk, Peanuts, Wheat		
Voguet Museshahle	Decrut Dutter Munchable		Vaguet Munchahla	Vacuut Munahahla
Yogurt Munchable Carbs: 57	Peanut Butter Munchable	Turkey and Chases Hearin	Yogurt Munchable Carbs: 57	Yogurt Munchable
	ES/MS	Turkey and Cheese Hoagie ES		Carbs: 57
* Milk, Wheat	Carbs: 46	_	* Milk, Wheat	* Milk, Wheat
	* Milk, Peanuts, Wheat	Carbs: 30		
Chef Salad ES		* Milk, Soybeans, Wheat	Chef Salad ES	Chef Salad ES
Carbs: 51	Yogurt Munchable		Carbs: 51	Carbs: 51
* Soybeans, Eggs, Wheat	Carbs: 57	Yogurt Munchable	* Soybeans, Eggs, Wheat	* Soybeans, Eggs, Wheat
	* Milk, Wheat	Carbs: 57		
		* Milk, Wheat		
Penne Alfredo		, 	Cheese Steak	Mickey's Pizza
Carbs: 51	Chef Salad ES		Carbs: 29	Carbs: 28
* Milk	Carbs: 51	Chef Salad ES	* Milk, Soybeans, Wheat	* Milk, Wheat
	* Soybeans, Eggs, Wheat	Carbs: 51		
0.1		* Soybeans, Eggs, Wheat	0.1	0.1
Sides	Cidoo		Sides	Sides
Celery, Raw, Sticks	Sides	Cidos	Baked Bean Supreme	Justine's Apple Crumb
Carbs: 2	Black Bean and Corn Salad	Sides	Carbs: 35	Dessert
<del></del>	Carbs: 28	Assorted Fresh Fruit		Carbs: 46
Pears, Diced, Extra Light			Assorted Fresh Fruit	
Syrup, Canned TWP	RICE, BROWN LONG	Ore Ida® Reduced Sodium		Assorted Fresh Fruit
Carbs: 16	GRAIN PARBOILED TWP	Tater Tots® 6x5 LBS		
	Carbs: 32	Carbs: 17	Del Monte® Diced Peaches	
			in 100% Juice, 72ct 4oz.	Chickpea Salad
Assorted Fresh Fruit			Plastic Cu	Carbs: 8
	Assorted Fresh Fruit	CRAISINS CHERRY	Carbs: 12	
Carrots, Baby, Fresh,		FLAVORED POUCH		Carrots, Baby, Fresh,
Individually Wrapped	Carrots, Baby, Fresh,	Carbs: 28	Carrots, Baby, Fresh,	Individually Wrapped
Carbs: 6	Individually Wrapped		Individually Wrapped	Carbs: 6
	Carbs: 6	Carrots, Baby, Fresh,	Carbs: 6	
		Individually Wrapped		
Biscuit, Baked Mini WG 1 oz		Carbs: 6		Romaine Boats
ES TWP	Bell Pepper Strips w/ Dip		Candied Carrots	Carbs: 10
Carbs: 11	Carbs: 3		Carbs: 18	* Soybeans, Wheat
* Milk, Wheat	* Milk, Eggs		* Soybeans	

Monday	Tuesday	Wednesday	Thursday	Friday
Milk	Sides	Sides	Sides	Milk
Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	PINEAPPLE, CHUNK IN JUICE CANNED TWP Carbs: 22	Cucumber and Tomato Salad ES/MS Carbs: 6	Cucumbers w/ Dip ES/MS  Carbs: 4  * Milk, Eggs	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk
Milk, Strawberry, Fat Free Carbs: 34	Milk Milk, Chocolate, Non-fat,	Celery, Raw, Sticks Carbs: 2	Milk Milk, Chocolate, Non-fat,	Milk, Strawberry, Fat Free Carbs: 34
Milk, Lactose and Fat Free  * Milk	With Added Vitamin A and Vitamin D	Milk	With Added Vitamin A and Vitamin D	Milk, Lactose and Fat Free  * Milk
Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12	Carbs: 34  * Milk  Milk, Strawberry, Fat Free	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D	Carbs: 34  * Milk  Milk, Strawberry, Fat Free	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12
* Milk Milk, Low-fat (1%), With Added Vitamin A and	Carbs: 34 Milk, Lactose and Fat Free  * Milk	Carbs: 34  * Milk  Milk, Strawberry, Fat Free	Carbs: 34 Milk, Lactose and Fat Free  * Milk	* Milk Milk, Low-fat (1%), With Added Vitamin A and
Vitamin D Carbs: 12 * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12	Carbs: 34 Milk, Lactose and Fat Free  * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12	Vitamin D Carbs: 12 * Milk
	* Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12	* Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	

\* Milk

Monday	Tuesday	Wednesday	Thursday
Entrees	Entrees	Entrees	Entrees
Cheese Hoagie ES	Cheese Hoagie ES	Cheese Hoagie ES	Cheese Hoagie ES
Carbs: 30	Carbs: 30	Carbs: 30	Carbs: 30
* Soybeans, Wheat	* Soybeans, Wheat	* Soybeans, Wheat	* Soybeans, Wheat
Peanut Butter Munchable ES/MS	Turkey and Cheese Hoagie ES	Chicken Bacon Ranch Rotini Bake	Peanut Butter Munchable ES/MS
Carbs: 46	Carbs: 30	Carbs: 22	Carbs: 46
* Milk, Peanuts, Wheat	* Milk, Soybeans, Wheat	* Milk, Eggs	* Milk, Peanuts, Wheat
Turkey and Cheese Hoagie	Peanut Butter Munchable	Peanut Butter Munchable	Turkey and Cheese Hoagie
ES Carbs: 30	ES/MS	ES/MS	ES Carbs: 30
* Milk, Soybeans, Wheat	Carbs: 46	Carbs: 46 * Milk, Peanuts, Wheat	
			•
Yogurt Munchable Carbs: 57	Yogurt Munchable Carbs: 57	Turkey and Cheese Hoagie ES	Yogurt Munchable Carbs: 57
* Milk, Wheat	* Milk, Wheat	Carbs: 30	* Milk, Wheat
		* Milk, Soybeans, Wheat	
Chef Salad ES	Chef Salad ES		Chef Salad ES
Carbs: 51	Carbs: 51	Yogurt Munchable	Carbs: 51
* Soybeans, Eggs, Wheat		Carbs: 57	* Soybeans, Eggs, Wheat
		* Milk, Wheat	
Egg and cheese on	Doritos Taco in a Boat with		TONY'S™ SMARTPIZZA®
bagel/ES Lunch	Turkey Taco	Chef Salad ES	Pizza Cheese TWP
Carbs: 34	Carbs: 23	Carbs: 51	Carbs: 35
* Milk, Soybeans, Wheat		* Soybeans, Eggs, Wheat	
Sides	Sides	Sides	Sides
CRAISINS CHERRY FLAVORED POUCH	RICE, BROWN LONG GRAIN PARBOILED TWP	Romaine Boats Carbs: 10	Carrots & Celery  Carbs: 7
Carbs: 28	Carbs: 32	* Soybeans, Wheat	* Milk, Eggs
Assorted Fresh Fruit	CORN, KERNEL YELLOW	Sidekicks Frozen	Del Monte® Diced Peaches
	FROZEN	BlueRaspberry-Lemon	in 100% Juice, 72ct 4oz.
Baked Apples	Carbs: 32	Carbs: 23	Plastic Cu
Carbs: 19			Carbs: 12
* Soybeans	PINEAPPLE, CHUNK IN	Assorted Fresh Fruit	
	JUICE CANNED TWP		Assorted Fresh Fruit
McCain@ Channed	Carbs: 22	Carrota Bahir Frash	
McCain® Chopped Seasoned RedSkin-on		Carrots, Baby, Fresh, Individually Wrapped	Carrots, Baby, Fresh,
Roasted (ES/MS)	Assorted Fresh Fruit	Carbs: 6	Individually Wrapped
Carbs: 13			Carbs: 6

Monday	Tuesday	Wednesday	Thursday
Sides	Sides	Sides	Sides
Carrots, Baby, Fresh, Individually Wrapped Carbs: 6	Carrots, Baby, Fresh, Individually Wrapped Carbs: 6	Biscuit, Baked Mini WG 1 oz ES TWP Carbs: 11 * Milk, Wheat	Tossed Salad Carbs: 6
Milk	Bell Pepper Strips w/ Dip	<del></del>	Milk Milk, Chocolate, Non-fat,
Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Carbs: 3  * Milk, Eggs Milk	Milk  Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34	With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free
Milk, Strawberry, Fat Free Carbs: 34	Milk, Chocolate, Non-fat, With Added Vitamin A and	* <mark>Milk</mark> Milk, Strawberry, Fat Free	Carbs: 34
Milk, Lactose and Fat Free	Vitamin D Carbs: 34	Carbs: 34	Milk, Lactose and Fat Free  * Milk
* Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12	* Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Lactose and Fat Free	Milk, Lactose and Fat Free  * Milk  Milk, Non-fat, With Added  Vitamin D	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk
* Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk 	* Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12	Carbs: 12  * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12  * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk 

\* Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Entrees	Entrees	Entrees	Entrees	Entrees
Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat	Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat	Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat	Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat	Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat
Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat	Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat	Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat	French Toast Sticks, Whole Grain (approx. 140-150 pieces) Carbs: 42	Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat
			* Milk, Soybeans, Eggs,	
Turkey and Cheese Hoagie ES	Turkey and Cheese Hoagie ES	Peanut Butter Munchable ES/MS	Wheat 	Peanut Butter Munchable ES/MS
Carbs: 30 * Milk, Soybeans, Wheat	Carbs: 30 * Milk, Soybeans, Wheat	Carbs: 46 * Milk, Peanuts, Wheat	Peanut Butter Munchable ES/MS Carbs: 46	Carbs: 46 * Milk, Peanuts, Wheat
Yogurt Munchable Carbs: 57	Yogurt Munchable Carbs: 57	Yogurt Munchable Carbs: 57	* Milk, Peanuts, Wheat	Yogurt Munchable Carbs: 57
* Milk, Wheat	* Milk, Wheat	* Milk, Wheat	Turkey and Cheese Hoagie ES	* Milk, Wheat
Chef Salad ES  Carbs: 51  * Soybeans, Eggs, Wheat	Chef Salad ES  Carbs: 51  * Soybeans, Eggs, Wheat	Chef Salad ES  Carbs: 51 * Soybeans, Eggs, Wheat	Carbs: 30 * Milk, Soybeans, Wheat	Chef Salad ES  Carbs: 51 * Soybeans, Eggs, Wheat
			Yogurt Munchable	
Cheesy Penne Pasta Marinara ES Carbs: 45	Doritos Taco in a Boat with Turkey Taco Carbs: 23 * Milk, Soybeans	Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat	Carbs: 57  * Milk, Wheat Chef Salad ES Carbs: 51	FARM RICH BREADED PIZZA CHEESE CRUNCHERS TWP Carbs: 41 * Milk, Wheat
Sides		Sides	* Soybeans, Eggs, Wheat	
Italian Green Beans ES/MS  Carbs: 1	Sides RICE, BROWN LONG GRAIN PARBOILED TWP	Carrots & Celery Carbs: 7 * Milk, Eggs	Sides	Sides Assorted Fresh Fruit
Fruit Cocktail, Canned, Extra Light Syrup Carbs: 14	Carbs: 32 PINEAPPLE, CHUNK IN JUICE CANNED TWP	CRAISINS CHERRY FLAVORED POUCH Carbs: 28	McCain® Chopped Seasoned RedSkin-on Roasted (ES/MS) Carbs: 13	Tossed Salad  Carbs: 6
Assorted Fresh Fruit Carrots, Baby, Fresh,	Carbs: 22 CRAISINS CHERRY FLAVORED POUCH	Cucumber and Tomato Salad ES/MS Carbs: 6	Pumpkin Pie Applesauce Carbs: 34 * Milk	Carrots, Baby, Fresh, Individually Wrapped Carbs: 6
Individually Wrapped <i>Carbs: 6</i> 	Carbs: 28 Bell Pepper Strips w/ Dip	Assorted Fresh Fruit	Assorted Fresh Fruit	Blueberry Glazed Mini Donut Holes in a Cup 3 oz Carbs: 41
Tossed Salad Carbs: 6	Carbs: 3  * Milk, Eggs	Carrots, Baby, Fresh, Individually Wrapped Carbs: 6	Carrots, Baby, Fresh, Individually Wrapped <i>Carbs: 6</i>	* Milk, Soybeans, Eggs, Wheat
		Caius. U		

Monday	Tuesday	Wednesday	Thursday	Friday
Sides	Sides	Sides	Sides	Sides
Garlic Bread Carbs: 15 * Soybeans, Wheat	Assorted Fresh Fruit Black Bean and Corn Salad Carbs: 28	Ore Ida® Reduced Sodium Tater Tots® 6x5 LBS Carbs: 17	SAUSAGE, TURKEY LINK 1.03 OZ MILD SKINLESS CKD FZN TWP	Carrots & Celery  Carbs: 7  * Milk, Eggs
Milk		Milk	Milk	Milk
Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk
Milk, Strawberry, Fat Free Carbs: 34	Carbs: 34  * Milk	Milk, Strawberry, Fat Free Carbs: 34	Milk, Strawberry, Fat Free Carbs: 34	Milk, Strawberry, Fat Free Carbs: 34
Milk, Lactose and Fat Free  * Milk	Milk, Strawberry, Fat Free Carbs: 34	Milk, Lactose and Fat Free  * Milk	Milk, Lactose and Fat Free  * Milk	Milk, Lactose and Fat Free  * Milk
Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Lactose and Fat Free  * Milk  Milk, Non-fat, With Added  Vitamin A and Vitamin D	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk
Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Carbs: 12  * Milk  Milk, Low-fat (1%), With  Added Vitamin A and  Vitamin D  Carbs: 12  * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk 

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